

HIKE ME HOME PVT. LTD.

GSTIN: 05AAGCH4565C1ZT

♣ +91 9557955533 / +91 9410792555
♥ TILAK NAGAR, DEHRADUN, UTTARAKHAND
(248001)

SOME CALL THEM MOUNTAINS, WE CALL THEM HOME 🙈

VALLEY OF FLOWERS & HEMKUND SAHIB

6 DAYS/ 5 NIGHTS (EX-RISHIKESH)

Thank you so much for giving us an opportunity to serve you. We Wish you have a Remarkable and joyful experience.

Location of the Valley of Flowers Trek

With a stunning backdrop of the mighty Himalayan ranges, the Valley of Flowers National Park presents an ethereal view and an unforgettable experience for visitors. Spread over an area of 87 sq km in the Chamoli district, the Valley of Flowers National Park is a UNESCO World Heritage Site and forms one of the two core zones (the other being the Nanda Devi National Park) of the Nanda Devi Biosphere Reserve.

Valley of Flowers is a destination where nature blooms in full glory offering a breathtaking experience. Exotic flowers (over 600 species) like orchids, poppies, primulas, marigold, daisies and anemones are an eye-catching spectacle. Sub-alpine forests birch and rhododendron cover parts of the park's area. The trek to the valley offers eye-catching spectacles like cascading waterfalls and wild streams. Situated at an altitude of around 3,600 m above the sea level, the valley is also home to such rare and amazing wildlife species like the gray langur, the flying squirrel, the Himalayan weasel, and black bear, the red fox, the lime butterfly, the snow leopard and Himalayan monal, to name a few.

Valley of Flowers trek, which mounts upto 14,400 ft, is not actually difficult. It is rated as 'moderate'. That too only because trekking days is slightly stretched.





Highlights

Valley of Flowers: The UNESCO World Heritage Site

Hemkund Sahib: The World's Highest Gurudwara

Brahmakamal: The Unique and mystical flower that grows only on high altitude.

Blue Poppy: Also known as Queen of Himalayan Flowers. Blue poppy is found near

Hemkund Sahib and Valley of Flowers.

Duration: 6 days/ 5 nights

Meeting Point: Rishikesh

Destination: Valley of Flowers

Minimum Age: 10 years

Accomodation: Hotel/ Homestay

Difficulty Level: Moderate

Experiences: Backpacking, Camping, Community, Couple Friendly, Himalayan Treks, History

and Culture, Photography.







PLAN IN DETAIL

DAY 01 Rishikesh – Joshimath (285kms/ 8-9 hours) - A Scenic drive in the lap of mountains.

Altitude: 6,300ft

Everyone is set for the Valley of flowers trek. All the enthusiastic trekkers shall gather at Rishikesh, it shall be an uphill drive which will be carried out in the vehicles we have arranged for everyone. We will all set forth on our journey to Joshimath which shall embark on the route via Devprayag. Therefore, the drive shall be full of scenic pleasures and popular sights that you shall be able to witness.

On the way, passing Devaprayag we shall witness the holy confluence of Bhagirathi and Alaknanda Rivers to form the River Ganges. It is truly a natural magnificence to see these two very starkly different and magical rivers come together and give rise to the magnificent holy Ganges. After this, we shall arrive at our destination Joshimath, which is home to quite a few important religious pilgrimage locations. We can set ourselves up here, for the night. We shall help you with fun activities, to acclimatize yourself with the weather and climate of the place. After some fun interaction and activities, we shall have a healthy dinner and rest for the day.



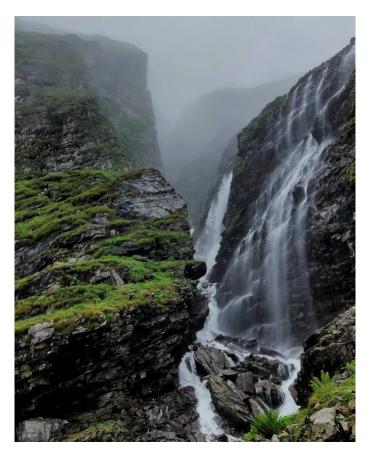




<u>DAY 02</u> Trek from Pulna (Govindghat) to Ghangaria (14 Kms Trek) - Witness the nature slowly unveiling its secrets.

Altitude: 6,300 ft to 9,600 ft

Today is the day, our Trek for Valley of flowers trek commences. You shall wake up to an enchanting Himalayan sunrise and after a sumptuous breakfast, prepare yourselves for the trek. Fill your bottles and pack your energy bars as well as any other important article you feel you might require. We start trekking towards Ghangaria. The Valley of flowers trek till Ghangaria is a short 14km gradual ascent. Once we reach Ghangaria, we call it a day. We shall settle here for the night and you are free to explore the tiny hamlet of Ghangaria. We will some fun activities for you like games and exercises which should be fun at the same time, keep you fit and energized. Also, the excitement level shall run high amongst all as tomorrow, we shall finally visit the much-awaited magnificent Valley of flowers trek.







<u>DAY 03</u> Trek from Ghangaria to Valley of flowers and back (Approx 6 kms Trek- one side) – Step into the wonderland with a riot of vibrant colours.

Altitude: 9,600 ft to 11,500 ft and back

We shall wake up to the pleasant morning of Ghangaria, full of excitement and vigor as today we shall finally witness the much-awaited pinnacle of this trek. After a healthy and filling breakfast, we shall resume our trek ascending to 3,858m, to arrive at the Valley of flowers trek. This soul-relishing sight shall take your breath away!

Ahead of you lies nature's masterpiece spread out in form of a blanket of blooming flowers. The plethora of colors, stand out amidst the blue sky and cascading Himalayas. Colorful butterflies you had never seen before, shall be fluttering in multiples amidst the meadows. You shall be left speechless at this magical sight. You are free to spend quality time at this fairytale land persuading activities of your heart's delight may it be Yoga, Meditation, photography, nature walk, etc. At the rightful hour, we shall start trekking back to Ghangaria where we are staying. You shall come back with an experience worth remembering a lifetime and we shall all have dinner together. We will play games, have fun discussions or you may rest early as per your wish. The experience of the trek isn't yet over and tomorrow another adventure awaits.







<u>DAY 04</u> Trek from Ghangaria to Hemkund Sahib and back (6 Kms – one side) – Take a spiritual Journey to the Highest Gurudwara.

Altitude: 9,600 ft to 14,107 ft and back

Today we shall trek to the famous Sikh shrine, Hemkund Sahib. The Gurudwara is believed to be the religious site where Guru Gobind Singh, the tenth Sikh Guru had meditated for many years. Encircled by seven snow-capped mountains this place has the essence of peace that is common to places of spiritual value. Therefore, after breakfast, we shall trek on a moderately difficult steep climb for about 9 hours to reach Hemkund Sahib. We shall spend some peaceful and soul calming moments here. We will have our lunch here as well and post-lunch, we shall descend back to Ghangaria. Once back, we shall have our dinner together here and rest for the night.







DAY 05 Trek from Ghangaria to Govindghat and drive to JoshimathIt is the time to say adios to the mountains.

Altitude: 9,600 ft to 6,300 ft

Today we finally leave Ghangaria village. After a delicious breakfast, we shall retrace the same trek route from Ghangaria to Govindghat. It is an easy trail to descent to Poolna village. Once you reach Pulna drive back to Joshimath for an overnight stay.

DAY 06 Joshimath to Rishikesh (285kms/ 9 hours) –End of trip with memories of a lifetime.

On our 6th day, our enriching experience comes to an end. We shall leave Joshimath early so that everyone can leave from Rishikesh to their respective destinations, timely. Thus, our wonderful trek to the Valley of flowers comes to an end, take back a mosaic of unbelievable memories with you.







PACKAGE PRICE

EX- RISHIKESH (6 Days/ 5 Nights):

INR 8,995 Per Head (Quad Sharing Basis)

INR 9,995 Per Head (Double Sharing Basis)

INCLUSIONS

The Valley of flowers trek package includes:

- Forest Entry Fees.
- Transportation support during the journey. Vehicle Type Traveller, MUV, or Sedan (depending on the group size).
- Accommodation on sharing basis as per the Booking itinerary (Double/ Triple/ Quad Sharing).
- All meals (Vegetarian), including everything from Dinner on Day 1 to breakfast on Day 6. (Total Meals- 5 Breakfasts, 4 Packed Lunches during trek days and 5 Dinners)
- A well-experienced and certified trek leader/ Local Guide/ Trip Coordinator.
- Basic First-aid Medical Kit.
- Cook / Supporting staff.
- All Toll tax, Parking, and Driver allowances.

EXCLUSIONS

The Valley of flowers trek package does not include:

- Anything that has not been mentioned in the inclusions mentioned above.
- Local Transfer from Govindghat to Pulna and Back.
- Porters or mules to carry your luggage. (The cost per bag is 300-400 per day.)
- Meals during Transit, any meals not mentioned in package inclusions.
- Any additional expenses such as personal nature/ Medical Exigency/ Insurance.



- Additional accommodation/food costs incurred due to any delayed travel.
- Additional costs due to flight Cancellations, Landslides, Roadblocks, and other natural calamities or delays.
- Additional costs for Extended stay or travelling due to any reason.
- Since Valley of flowers is a monsoon trek, there are possibilities of roadblocks due to landslides. Account for this by adding a buffer day in your travel plan.

ESSENTIALS TO CARRY FOR VALLEY OF FLOWERS TREK

Clothing and equipments to be carried during Valley of Flowers trek includes:

- Tiffin Box for pack lunch
- Extra Plastic Bags (In case of wet clothes)
- Necessary toiletries like hand sanitizers, towels, Napkins, etc.
- Rain Cover/ Ponchos.
- Warm Clothes (Lightweight Fleece Jackets and Thermals).
- Full Sleve t-shirts and shirts.
- Scarf, Warm Cap, and inner fleece gloves.
- Hiking Shoes / Extra 3 pairs of socks.
- Led Torch (with extra batteries).
- Mosquito and insect repellent.
- Sunscreens and Lip Balms.
- Sunglasses.
- Waterproof Covers for bag.
- Personal Medications and Toiletries.
- Dry Fruits (Figs, cashews, almonds, walnuts, protein bars, and chocolates).
- Insulated Water Bottles.



ADDITIONAL INFORMATION

- Bringing proper IDs and some loose cash can really come in handy at various times.
- In case you take a detour or halt enroute for a night due to landslide, the additional travel, food and stay cost will have to be borne by the guests.
- Water is usually limited, so conservation is appreciated.
- The stay on all days of this trek will be in Hotels/ Homestays/ Lodges. You'll be not camping in tents.
- The stay is very basic in nature. One must not expect luxuries. Electricity may be only available at a few locations.
- Since the Valley of Flowers is a protected area, littering and disposing of garbage are strictly prohibited.
- Bringing an extra pair of clothes, undergarments, and socks will be a safe option.
- At all times you are required to follow the rules and all the guidelines given by the instructor.
- Check for your luggage and respite carrying unnecessary items so that you can go easy on your baggage.
- You might not find charging options at various places, thus make sure that you carry a power bank.

TERMS AND CONDITIONS

- Company shall not be responsible for any loss/ delay/ cancellation due to natural calamity, bad road conditions, Road Blocks, or any unforeseen circumstances beyond the control of the company. In such cases, company won't be held responsible for any further expenses bearable, in accordance with Transportation and Accomodations cost.
- If a guest, instead of check-in at the reserved place, reaches elsewhere and requests for adjustments of the amount, it shall not be entertained.
- Be prepared to be understanding and flexible, as we can make last-minute plan changes due to bad weather for your safety and wellbeing. We will keep you updated on the same in case any last-minute changes to be made to your plan.



- Bookings made on non-cancellable/non-amendable packages/rates cannot be canceled/amended. On doing so, the full amount of advance paid will be treated as the cancellation fee. The same terms apply in case if the guests don't show up.
- For all bookings, other than non-cancellable, if the guest doesn't show up the complete booking will be non-refundable or if they choose to check-out early, one night's room rate, including taxes, will be charged.
- There would be no refund provided in case some problems occur due to government orders, harsh weather conditions, protests, landslides, or any other unforeseen circumstances. On the occasion of any such happenings, we have a backup plan ready most of the time and we'll be moving onto that. There are times when we would have to cancel some activities mentioned in the itinerary but it's only due to the reason that we would be bound by a circumstance that is not in our control.
- If a trek is called off at the last moment due to a natural calamity/unforeseen circumstances (like rain, snowfall, earthquake, landslides, strike, bandh, etc.) then the participants would be provided with a travel voucher for the same amount that can be used within 365 days of the issuance date for any package worth the same amount. (Subject to availability)
- If a trek/trip has to be aborted midway due to a natural calamity/unforeseen circumstances (like rain, snowfall, earthquake, landslides, strike, bandh, etc.). In that case, no refund would be provided.
- Hike Me Home will not bear any extra expense due to any natural calamity/unforeseen circumstances (like rain, snowfall, earthquake, landslides, strike, bandh, etc.).

PAYMENT POLICY

25 % Payment at the time of confirmation. Balance Payment upon 24 hours prior to arrival.

We hope that the above information is as per your requirement and helps you plan your holiday with Hike Me Home.

Please feel free to call or email for any further assistance. We Look forward to hearing from you.

So what are you waiting for ? Join us on this journey.

Contact Us:

+91 9557955533 / +91 9410792555



info@hikemehome.com

www.hikemehome.com



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